



POLICY STATEMENT

MDT Certification Continuing Education Standards (CCES)

The objective of this policy is designed to:

- Promote the highest standards of utilization of the McKenzie Method® of Mechanical Diagnosis and Therapy® MDT protocols in its fundamental, proven form; and
- Demonstrate assurance to the public that the MDT provider is committed to the maintenance and enhancement of knowledge, skills, and clinical competency in MDT after attaining Credentialed or Diplomate status.

The three-year CCES start date begins effective the day after the Credentialing Exam is passed and providers will have three years from that date to fulfill one of the requirements. A new three-year period is reset to begin immediately following completion of a qualifying event.

Policy to remain CCES compliant and continue full recognition in the Institute's Provider Referral Directory:

Clinicians must complete one (1) of the following education opportunities every three (3) years:

1. Attend/retake an [Advanced Extremities Course](#) (14 contact hours)
2. Attend/retake an [Advanced MDT: Clinical Decision Making](#) (14 contact hours)
3. Attend/retake an [Advanced MDT: Fine Tuning Clinician Procedures](#) (14 contact hours)
4. Retake any course: [Part A, B, C, D \(Online or in-person\)](#)
5. Attend an [MDT Masterclass](#)
6. Take and complete one volume of the [online MDT Case Manager](#) (12 contact hours each Volume; one time only per Volume)
7. [MII Diploma Program](#) (CCES requirements are waived for the duration of study. Calculation of the 3-year periods will resume upon successful completion of the Diploma Program.)
8. MIUSA Orthopaedic Manual Physical Therapy [Fellowship Program](#) (ACOMPTE Accredited; achieve FAAOMPT. CCES requirements are waived for the duration of study. Calculation of the 3-year periods will resume upon successful completion of program.)
9. Attendance at MI Americas or International [MDT Conferences](#) (contact hours vary, approx. 13-15 hours)
10. [Course Cosponsor](#) (Pre-approved: Active involvement for the entire course.)
11. Lab Assistant on Courses A, B, C, D (Pre-approved Diplomate applicants; active involvement for the entire course. Email cindy@mckenzieinstituteusa.org for details.)

IMPORTANT NOTE: CLINICIANS WHOSE CCES COMPLIANCY LAPSED PRIOR TO 2011:

You must complete the Prerequisite online component for Part A first followed by the Part C course in its entirety either online or in-person to renew your status on the McKenzie Provider Referral List. Once you are back in compliance, moving forward you will be subject to the above criteria every three years.

Use of the identifying marks for MDT Certification is only authorized *in its entirety*: Cert. MDT or Dip. MDT. Spelling out Credentialed or Diplomate is acceptable; however, MDT is not to be used without the appropriate level of designation.

It is the responsibility of all certified MDT providers to review their scope of practice, state practice act and other applicable state laws or regulations of their profession to determine to what extent they can utilize all or certain aspects of MDT in their jurisdiction.

This policy does not nullify a provider's attainment of Credentialing or Diploma; it will only determine the individual's active status for patient referrals provided through the Institute's online directory of certified MDT providers [See the Find-A-Provider tool on our website].